



**Release and Indemnification
Strike Out Heart Disease Bowling Event
(Janesville WI)**

The Strike Out Heart Disease Bowling Event (Janesville, WI) involves bending, walking, lifting and throwing a bowling ball -- a potentially hazardous activity which may include risks such as, but not limited to, slips, falls muscle, joint and back injury. In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including personal injury and death, arising out of my participation in The Strike Out Heart Disease Bowling Event (Janesville, WI) and related activities.

It is my responsibility to provide and properly use the bowling ball, and to ensure that all clothing and equipment are properly fitted and appropriate for use in this event. Although refreshments and other assistance may be made available during this event, I am solely responsible for my own health and safety. I represent and warrant that I am physically fit and able to participate in The Strike Out Heart Disease Bowling Event (Janesville, WI). I agree to stop and request assistance if I experience any symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other conditions which would make it difficult or unsafe to continue.

I agree, for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless, the American Heart Association, Inc., its affiliates, officers, directors, volunteers and employees and all sponsoring businesses and organizations and their agents and employees, from any and all liability, claims, demands, and causes of action whatsoever, arising out of my participation in this event and related activities -- whether it results from the negligence of any of the above or from any other cause.

The foregoing release and indemnification agreement shall be as broad and inclusive as is permitted by the State or Province in which the event is conducted. If any portion of it is held invalid, the balance shall continue in full force and effect.

I have read, understand and agree to the terms of this Agreement.

Participant's Signature: _____

Printed Name: _____

Date: _____

If Participant is a minor, parent or guardian must sign below:

I am the legal guardian of Participant, and I hereby consent to his/her participation. I have read the foregoing release and indemnification agreement, and I hereby agree on behalf of myself and Participant to its terms.

Parent/Guardian's Signature: _____

Printed Name: _____

Date: _____